

## Goal Setting

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Use this Venn Diagram template to identify what the clients goals are.

- » First, define what the client wants to achieve in the: 'Where I want to be' circle, identify their goals. These can be short or long term.
- » Then, highlight where the client currently sits in relation to these goals in the: 'Where I am now' circle. The aim is to call attention to their current condition.
- » Finally, brainstorm the steps needed to achieve these goals and what needs to be done to get to that next level in the 'How to get there' circle.



**P:** 02 4216 555  
**A:** Wollongong, NSW  
**E:** [hello@australianmindbody.com.au](mailto:hello@australianmindbody.com.au)  
**W:** [australianmindbody.com.au](http://australianmindbody.com.au)

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